

SANDWICHES

(All Served with Chips)
ONLY SERVED LUNCH TIMES

Prosciutto e Formaggio Smoked Ham and Melted Cheese	£6.95	Bistecca Ai Ferri Grilled Steak Onions and Mustard	£7.95
Pancetta Pomodoro Italian Bacon Lettuce and Tomato	£6.95	Square Burger Prime Ground Beef Burger, Pancetta and Cheese	£7.95
Gamberetti e Avocado Prawns, Avocado, and Mayo	£6.95	Chicken Fillet Burger Grilled Chicken Breast in Gourmet Bun	£7.95
Pollo Grigliato Grilled Chicken, Lettuce and Tomato	£7.95	Cod Fillet Burger Battered Cod Fillet in Gourmet Bun	£8.95

PIZZE - PIZZA

Margherita (V) (S) Simply Tomato Sauce, Mozzarella, Basil and Herbs	£5.95	Deliziosa Tomato Sauce, Fresh Mozzarella, Parma Ham, Rocket and Parmesan Shavings	£8.95
Vegetariana (V) (S) Cherry Tomato, Mozzarella, Grilled Vegetables and Basil Pesto	£6.95	Bufala (V) Buffalo Mozzarella, Cherry Tomatoes and Fresh Basil	£8.95
Funghi e Prosciutto (S) Tomato Sauce, Mozzarella, Sauté Mushrooms and Smoked Ham	£6.95	Marinara Tomato Sauce, Mixed Seafood, Finished with Garlic and Parsley Oil	£8.95
Hawaiana Tomato Sauce, Mozzarella, Ham and Sweet Pineapple	£6.95	Mare e Monti Tomato Sauce, Scamorza Cheese, Courgette, Prawns and Fresh Parsley	£8.95
Diavola (S) Tomato Sauce, Mozzarella, Spicy Sausage, Red Onions and Chilli	£6.95	Capricciosa Tomato Sauce, Mozzarella, Artichoke, Mushrooms and Honey Roasted Ham	£8.95
Quattro Formaggi (V) (S) Tomato Sauce, Topped with Four Types of Cheese	£6.95	Quattro Stagioni Tomato Sauce, Mozzarella, Artichoke, Mushrooms, Black Olives and Honey Roasted Ham	£8.95
Calzone (S) Mozzarella, Ham, Mushrooms, Pepperoni and Topped with Tomato Sauce	£7.95	Contadina (V) Tomato Sauce, Smoked Mozzarella (Scamorza), Porcini Mushrooms and Rocket	£8.95
Napoletana Tomato Sauce, Fresh Mozzarella, Origano, Anchovis and Capers	£7.95	Al Tonno Tomato Sauce, Fresh Mozzarella, Tuna, Red Onions, Sweetcorn and Fresh Basil	£8.95

PASTE - PASTA

ALL THE SAUCES ARE AVAILABLE WITH:-
LINGUINE - SPAGHETTI - PENNE - RIGATONI

Pomodoro e Basilico (V) (S) Home Made Tomato and Basil Sauce	£5.95	Salsiccia e Ricotta Sausage, Ricotta, Cherry Tomatoes, Onion and Chilli	£6.95
Arrabbiata (V) (S) Home Made Tomato and Chilli Sauce	£5.95	Pollo Alfredo (S) Chicken in a White Sauce	£6.95
Bolognese (S) Traditional Lean Ground Beef Bolognese Sauce	£5.95	Pollo Primavera (S) Chicken, Seasonal Vegetables and Tomato Sauce	£6.95
Amatriciana (S) Bacon, Onion and Home Made Tomato Sauce	£5.95	Puttanesca (S) Anchovies, Capers, Olives, Garlic and Tomato Sauce	£6.95
Vegetariana (V) (S) Fresh Seasonal Vegetables and Tomato Sauce	£5.95	Salmone Smoked Salmon in a Creamy Brandy Sauce	£7.95
Carbonara (S) Pancetta, Egg Yolk, Parmesan and Cream Sauce	£6.95	Gamberi Piccanti King Prawns in a Spicy Sauce	£8.95
Siciliana (V) (S) Aubergine, Ricotta, Onions and Tomato Sauce	£6.95	Vongole Fresh Clams in Garlic, Chilli and White Wine Sauce	£9.95
Polpette Meatballs in a Rick Thick Tomato Sauce	£6.95	Pescatora Mixed of Seafood in Tomato and White Wine Sauce	£9.95

PASTE FRESCHE - FRESH PASTA

Tagliatelle alla Crudaiaola (V) (S) Tomato, Black Olives, Garlic, Basil, Fresh Mozzarella and Extra Virgin Olive Oil	£7.95	Tortellini Al Prosiutto Di Parma £7.95 Fresh Pasta Filled With Parma Ham in Butter, Sage and Parmesan Shavings
Gnocchi Gorgonzola (V) (S) Home Made Potato Gnocchi with Creamy Blue Cheese Sauce	£7.95	Duck Cannelloni (S) £7.95 Homemade Pasta Rolled with Seasoned Duck in a Mushroom and Béchamel Sauce
Lasagna Carne (S) Layered Homemade Pasta sheets with Bolognese and Béchamel	£7.95	Pappardelle Ruspanti
Lasagna Vegetariana (V) (S) Layered Homemade Pasta Sheets with Seasonal Vegetables and Béchamel	£7.95	

RISOTTI - RICE

Risotto Funghi (V) Cooked with Mushrooms	£9.95	Risotto Alle Verdure (V) Cooked with a Selection of Vegetables	£10.95
Risotto Alla Milanese Cooked with Veal Marrow, Saffron Stigmas and Parmesan Shavings	£9.95	Risotto Di Mare Clams, Mussels, Prawns, Baby Squid, Garlic, Chili and Fresh Herbs	£10.95

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LE CARNI - MEAT DISHES

Pollo Milanese	£10.95	Grigliata Di Carne Mista	£17.95
<i>Chicken in Breadcrumbs with Tomato and Basil Pasta</i>		<i>Selection of Grilled Meat served with Salad and French Fries</i>	
Pollo Alla Cacciatora	£10.95	Costoletta Di Vitello Alla Milanese	£16.95
<i>Hunter's Chicken, Fresh Tomato, Red Onion, Garlic, Olives, Red Wine and Rosemary</i>		<i>Breaded Veal Escalope Served with Rocket and Tomato Salad</i>	
Pollo Croccante	£11.95	Bistecca Di Manzo	£16.95
<i>Half Side of Boned Chicken Char-grilled and Served with Roast Potatoes</i>		<i>28 Day Matured Rib Eye Steak Served with Hand Cut Chips and Vegetables</i>	
Pollo Ai Peperoni	£12.95	Filetto Ai Porcini	£16.95
<i>Chicken Breast in a Roasted Mixed Pepper Sauce</i>		<i>Fillet Steak in a Wild Porcini Mushroom Sauce with Seasonal Vegetables</i>	
Abbacchio Alla Romana	£13.95	Filetto Al Gorgonzola	£16.95
<i>Roast Lamb Cutlet with Potato, White Wine and Rosemary Sauce</i>		<i>Fillet steak in a Gorgonzola Cheese Sauce with Seasonal Vegetables</i>	

I PESCI - FISH DISHES

Pesce Pizzaiola (S)	£11.95	Branzino Al Cartoccio	
<i>Fish of the Day in a Tomato, Garlic, Olives and Caper Sauce with Cubetti Potatoes</i>			
Salmone Al Forno (S)	£12.95		
<i>Oven Baked Salmon Fillet in Homemade Special Sauce</i>			
Branzino Al Limone			
£15.95			
<i>Sea Bass Fillets in Aged Balsamic and Lemon Butter Sauce with Roast Vegetables</i>			

OTHER DISHES

Chilli Con Carne (S)	£8.95	Sussex Pork Sausages (S)	£8.95
<i>Ground Beef and Kidney beans in a Spicy Sauce Served with Basmati Rice</i>		<i>Local Sussex Pork Sausages Served with Mash Potatoes and Onion Gravy</i>	
Roast Chicken Leg (S)	£8.95	Fish Cake (S)	£8.95
<i>Roast Quarter of Chicken with Seasonal Vegetables, Potatoes and Onion Gravy</i>		<i>Homemade Fish Cake with French Fries, Salad and Sweet Chilli Sauce</i>	
Chicken Curry (S)	£8.95	Supreme of Cod in Beer Batter (S)	£9.95
<i>Tender Pieces of Chicken Breast in Curry Sauce with Basmati Rice</i>		<i>Cod Fillet in Crispy Beer Batter Served with Hand Cut Chips, Green Peas and Homemade Tatar Sauce</i>	

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ANTIPASTI - STARTERS

Chef Soup of the Day (V) (S)	£4.95	Avocado e Gamberetti	£6.95
<i>Homemade Soup with Homemade Bread</i>		<i>Avocado, Prawns, Marie Rose Sauce and Mix Leaves</i>	
Bruschetta (V) (S)	£4.95	Gamberoni Aglio, Olio e Peperoncino (S)	£6.95
<i>Crispy Homemade Bread with Ricotta and Marinated Tomato</i>		<i>King Prawns in Garlic, Chilli, Extra Virgin Olive Oil and Parsley Sauce</i>	
Funghi All'aglio (V) (S)	£4.95	Calamari Fritti (S)	£6.95
<i>Mushrooms in a Garlic Butter Sauce</i>		<i>Crispy Fried Baby Squid with Tartar Sauce</i>	
Mozzarella In Carrozza (V) (S)	£5.95	Cozze Al Vino Bianco (S)	£6.95
<i>Breaded Deep Fried Mozzarella, Spicy Tomato and Basil Sauce</i>		<i>Fresh Mussels, Sautéed in Garlic, White Wine and Parsley Sauce</i>	
Polpette Al Sugo	£6.95	Insalata Di Granchio	£9.95
<i>Italian Spiced Meatballs Cooked in a Rich Thick Tomato Sauce</i>		<i>Selection of Cured Meat, Fresh Pecorino, Olive Tapenade, Snappy Music Bread</i>	
Stuffed Chicken Wings (S)	£6.95	Capesante Alla Griglia	£9.95
<i>Crispy Chicken Wings Stuffed with Prawns, Pork and Noodles with Thai Herbs and Spices</i>		<i>Grilled Seared Scallops, Pancetta, Braised Lentils and Vanilla</i>	
Antipasto Misto	£9.95		
<i>Selection of Cured Meat with Olives and Snappy Music Bread</i>			

INSALATE - SALADS

Insalata Tricolore (V)	£7.95	Goats Cheese Salad (V) (S)	£8.95
<i>Mozzarella, Avocado and Sliced Tomato with Rocket and Extra Virgin Olive Oil</i>		<i>Grilled Goats Cheese on Crispy Toasted Bread with Mixed Leaf Salad</i>	
Bufala (V)	£8.95	Pollo Alla Cesare (S)	£8.95
<i>Buffalo Mozzarella with Sliced Tomato, Marinated Red Onions and Fresh Basil</i>		<i>Cesar Salad with Gem Lettuce, Grilled Chicken and Parmesan Croutons</i>	
Greek Salad (V) (S)	£7.95	Grilled Cajun Chicken (S)	£8.95
<i>Greek Style Salad with Feta Cheese, Lettuce, Tomato Cucumber Onions and Olives</i>		<i>Grilled Chicken, Mediterranean Salad with Honey and Mustard Dressing</i>	

CONTORNI - SIDE DISHES

Cestino Di Pane	£2.95	Patatine Fritte	£2.95
<i>Selection of Home Made Bread</i>		<i>French Fries</i>	
Pane All'aglio	£2.95	Chunky Chips	£2.95
<i>Garlic Bread with Melted Garlic Butter</i>		<i>Hand Cut Chunky Chips</i>	
Pane All'aglio Con Mozzarella	£2.95	Insalata Mista	£2.95
<i>Garlic Bread Topped with Mozzarella</i>		<i>Mixed Seasonal Salad</i>	
Pane All'aglio Con Mozzarella e Pomodoro	£2.95	Vegetali Misti	£3.50
<i>Garlic Bread Topped with Mozzarella and Tomato</i>		<i>Selection of Mixed Vegetables</i>	
La Focaccia	£3.50	Vegetali Grigliati	£3.50
<i>Italian Bread with Rosemary and Extra Virgin Olive Oil</i>		<i>Selection of Grilled Vegetables</i>	

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